



- ◆◆ EXTREME
- ◆ HARD
- MODERATE
- EASIEST
- DH DOWN HILL
- XC X COUNTRY
- TERRAIN PARK
- CHAIRLIFT
- RAMPS & LADDERS



2009 NSW  
**interschools**  
 MOUNTAIN BIKE CHAMPIONSHIPS



# 2009 NSW interschools MOUNTAIN BIKE CHAMPIONSHIPS

**Welcome to the 2009 NSW Interschools Mountain Bike Championships!** As the new mountain biking operators in Thredbo, South East Mountain Biking Co would like to express our excitement at being involved in this event and welcome all Interschools riders from around Australia.

This is a fantastic event that allows all involved to ride hard and get dirty, whilst getting healthy and enjoying a wonderful sport.

We hope over the next three days that all students have an awesome time out on our specially designed tracks, testing out their riding skills and making new friends.

This season we have many more clinics and activities to come to help you improve your technique and enjoy the great sport that is mountain biking. So keep an eye out on our website for event and clinic details.

**We can't wait to see you all out on the tracks, have a great time and good luck!**

Jane Corben | Owner - South East Mountain Biking Co.

## UP COMING EVENTS

### The 2009 Oceania MTB Championships

Held in Thredbo from the 20- 22nd March, this event will showcase three days of fierce competition of all disciplines between the best local and international stars of the mountain biking circuit.

### The 2009 UCI Mountain Bike World Championships

Held from the 1-6th September 2009, Stromlo Forest Park, ACT. Get ready to witness the best of the best put every thing they have on the line to fight for the ultimate titles. This event will feature all top men and women riders from around the world including; Tracy Moseley of Great Brittan, Greg Minnaar and as well as our home grown favorites Jared Graves, Ben Corey and Caroline Buchanan.

For more information on all our upcoming events visit [www.mountainbikingco.com.au](http://www.mountainbikingco.com.au)

2009 NSW Interschools Schedule																			
8.00	8.30	9.00	9.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30
<b>Thursday 19th February</b>																			
Valley Terminal Bike Shop Open for Registration																			
DH Course Open Race Ticket \$50									Lunch Break			DH Course Open Race Ticket \$50							
DH Clinic with Shaun O'Connor									DH Clinic with Shaun O'Connor										
XC Course Open																			
4X Course Open																			
<b>Friday 20th February</b>																			
Valley Terminal Bike Shop Open for Registration All Disciplines																			
XC Course Open for Practice - All Divisions																			
DH Course Open for Practice - All Divisions																			
DH Clinic with Shaun O'Connor										DH Clinic with Shaun O'Connor									
															4X Marshall Brief				
4X Course Open for Practice - All Divisions																	4X Racing		
<b>Saturday 21st February</b>																			
Valley Terminal Bike Shop Open																			
DH Registration																			
DH Marshall Brief																			
DH Prac Dv 3 B & All G																			
DH Prac Dv 1 & 2 B																			
												DH Racing Dv 3 Boys & Girls							
															DH Racing Dv 2 Boys & Girls				
																	DH Racing Dv 1 Boys & Girls		
XC Practice - Friday Flat																			
<b>Sunday 22nd February</b>																			
Valley Terminal Bike Shop Open																			
DH Course Open Ticket \$ 69																			
XC Marshall Brief																			
XC Racing Dv 3 B&G																			
XC Racing Dv 2 B&G																			
XC Racing DV 1 B&G																			

### Registration Closing Date & Time

Registration for XC, DH and 4X close Friday 20th February 3.00pm



**Presentations** 4X & DH - Saturday 6pm at the Keller Bar XC - Sunday 2pm Friday Flat

### Start Times & Updates

For current start times and updates please check the white board located at the valley terminal bike shop. Times may vary depending on entry numbers.

**Valley terminal bike shop**  
Ph: 6457 6234

### Divisions

Dv 1 = Years 11 & 12  
Dv 2 = Years 9 & 10  
Dv 3 = Years 7 & 8

### XC Laps

Dv 1 = Boy 5 laps / Girl 4 laps  
Dv 2 = Boy 4 laps / Girl 3 laps  
Dv 3 = Boy 3 laps / Girl 2 laps

